

ABR DISCOUNTS



**Association
of
British Residents**

PLEASE SHOW ABR ANNUAL MEMBERSHIP CARD FOR VERIFICATION AT ALL VENUES

Hotels & Restaurants	Contact Details	Description = Discount
Mount Lavinia	0112715221	<p>F % B = 10%</p> <p>Laundry = 15%</p> <p>SPA = 20%</p> <p>Access pool beach. Local/Expat accommodation = Free</p> <p>Access pool beach. Local/Expat accommodation(Child= max age16) = 10%</p> <p>Excluding Fish Tale bar = 20%</p> <p>Special functions = 5%</p> <p>In house Travel Agency = 20%</p>
Sea Fish Restaurant Bar	Regal Terrace, Colombo 02	Discount = 10%
The Fortress	<p>0914389400</p> <p>info@thefortress.lk</p> <p>www.thefortress.lk</p>	<p>F & B = 10%</p> <p>Spa = 10%</p>
Jetwing	<p>0112345720</p> <p>0112355700</p> <p>info@jetwinghotels.com</p> <p>resv.villas@jetwinghotels.com</p> <p>www.jetwinghotels.com</p>	<p>Booked Basis = 10%</p> <p>Children 5-12 F & B = 50%</p>
Minara Hotel Bopath Ella	<p>077784362</p> <p>0112734341</p>	Basis booked = 7.5
The Bamesbury	<p>91, Barnes, Colombo 07</p> <p>0112682144</p>	Please note, this is non alcoholic venue = 10%
The London House of Coffee	2B, Gregory Road, Colombo 07	Discount = 15%
Aitken Spence Hotels	<p>0112308408</p> <p>www.atkenspencehotels.com</p>	Special rate for ABR members = 0

Tea Avenue	#55, Barnes Place, Colombo 7	Validity ends 30th November 2018 Discount = 10%
Ashburnham Estate, Elkaduwa	664920206 ashburnhamestate@gmail.com www.ashburnhamestate.com	Bed & Breakfast = 15%
Toby's Estate Cafe and Restaurent	276, Galle Road, Mount Lavinia	Bill- excess of R1000 for discount apply T & C = 10%
Lords Bar & Art Gallery - Negombo	0777234721 martin@lordsrestaurant.net	F & B = 10%
Dolce Vita Cafe and Restaurant- Negombo	0777436318 dolcevitasrilanka@hotmail.com	F & B = 10%
Mitsi's Cafe Bagatale Road- Colombo 03	0777163090 0114387376	Discount on Dining In = 10% Takeaway = 0%
Gerard Mendis	0714818170 58A, Horton Place www.gerardmendis.com	Chocolate Patisseries- Boulangeire = 10%
Galle Face Hotel		The discount agreement of 10% to be extended until 15th July 2019 and NOTE the discount offer will not be applicable for special events/promotions and Christmas/New Year events = 10%
Colombo Hilton Residencies (Jaic)	No 200, Union Place I Colombo 2. Telephone +94 (0) 11 5344644	15% Discount F & B at Flow and Basico Bar and Lounge = 15%

Waters Edge	<p>Bakery = Rasika - 0766738823</p> <p>Tea Lounge = Rasika - 0766738823</p> <p>Pranzo = Lal - 0769880367 / Nalin - 0766042001</p> <p>Thuna Paha = Thuna Paha - 113178969 / Sanjeewa - 0774827168</p> <p>Long Bar = Asanka - 0773074826 / Janaka - 0776132121</p> <p>Falsetto = Sampath - 0766733169</p> <p>High Tea = Dilrukshi - 0773587419</p> <p>Boardwalk & Bavarian = Sepa -0774358160 / Michael - 0773222462 / BW- 0117363863, 0777236239</p> <p>Night Kade = Sepa -0774358160 / Michael - 0773222462 / BW- 0117363863, 0777236239</p> <p>Brunch - Pranzo = Lal-0769880367 / Nalin-0766042001</p> <p>Pool Bar = Samantha - 0715663366</p>	Discount at all outlets below = 10%
GALADARI HOTEL	<p>64 Lotus Road, Colombo 1</p> <p>Tel: 011 254 4544</p>	<p>10% Discount (as detailed below)</p> <p>California Grill F&B 7.0 p.m. to 11.0 p.m.</p> <p>Coffee Shop F&B 7.0 p.m. to 11.0 p.m.</p> <p>Lobby Bar F&B 7.0 a.m. to 11.0 p.m.</p> <p>Discount = 10%</p>
HILTON COLOMBO (Colombo 1)		<p>15% for FOOD only on production of ABR Membership Card</p> <p>Effective 15th Sept 2018 to end Sept 2019</p> <p>Graze Kitchen (Breakfast/Lunch/Dinner)</p> <p>Il Ponte (Lunch/Dinner) closed till 15th Oct 2018</p> <p>Curry Leaf (Dinner)</p> <p>LAB (all day)</p> <p>Max 10 pax on one bill/one table</p> <p>Discount = 15%</p>

Pet	Contact Details	Description = Discount
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Pet Express Shipping	<p>PET Express Shipping</p> <p>Member of IPATA</p> <p>Shanaka Perera</p> <p>info@petexpress.lk</p> <p>www.petexpress.lk</p>	Relocating pets around the world. From and to SL-safe and secure = 5%
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IT Support	Contact Details	Description = Discount
CALL IT	<p>0757666666</p> <p>Dez Erskine</p> <p>info.lk@callit.support</p>	<p>Web design & Hosting = 10%</p> <p>Domain & Email Hosting = 10%</p> <p>Hardware = 5%</p>

Medical	Contact Details	Description = Discount
Hemas Group - Thalawathugoda, Galle and Wattala	www.hemashospitals.com	<p>Discount on selective services-in patient and out patient- Room rate` = 10%</p> <p>Lab = 10%</p> <p>Out patient-Lab = 10%</p> <p>X ray = 10%</p> <p>US scan = 10%</p>
Medi Call	<p>Medi-Calls 24x7 Mobile Emergency Medical Service [EMS]</p> <p>05, Havlock Rd, Colombo</p> <p>011-2556605 [24x7]</p> <p>0776609099 [24x7]</p>	<p>Medi calls Existing = 20%</p> <p>Members-renewal = 20%</p> <p>Medi calls new members = 25%</p>
PhD Psychotherapy - Psychotherapeutic Counseling	<p>0773658250 Dr. Hans Vischjager</p> <p>drvischjager@gmail.com</p> <p>Behainstitute.com</p> <p>www.behainstitute.com</p>	Discount on large range of therapy, treatments, Slimming, giving up smoking, anixety, depression and many more = 20%
Cinnamon Care service	<p>0771761777 - Jeff Wicks</p> <p>Cinnamon Care Services</p> <p>jeff@cinnamoncare.com</p> <p>www.cinnamoncare.com</p>	UK standard assisted living facility providing full suite of elderly care service = 10%

Personal Care	Contact Details	Description = Discount
Headmasters Spa	0115643131 79, Horton Place, Colombo	All services excluding facials = 20%
The Cutting Station-Hair and Beauty	0112887040 Waters Edge, Battaramulla	Hair and Beauty = 10%
The Chopping Block	COLOMBO 7 - 43-1/1, Maitland Crescent, Colombo 7 - Tel. 5766516 / 5769719 NUGEGODA - 227A, Stanley Thilakaratne Mawatha, Nugegoda - Tel. 5510856 / 5748258 / 5544335 BATTARAMULLA - 1110/28, New Parliament Road, Battaramulla - Tel. 5747123 / 5231441 KANDANA - 268A, Negombo Road, Nagoda, Kandana - Tel. 3038787	15% On Hair Cuts only. = 15%
Salon Head Turners Hair & Beauty Salon	Crescat Boulevard Colombo 3	10% Discount on production of Membership Card = 10%
BRITISH COSMETICS NAIL STUDIO	BC Nail Studio G16, Crescat Boulevard, Colombo 3 World Trade Centre Ground Level, Colombo 1 Majestic City 73, 2nd Floor, Colombo 4 BC Nail Studio BEVERLEY STREET, 475/C, Sri Jayawardenapura Mawatha, Kotte BC Lifestyle Salon & Nail Studio 174 Galle Road, Mount Lavinia	ABR Members will be entitled to a 15% discount on the total bill value exceeding Rs3,500/= for the products and services Discount = 15%