

ABR DISCOUNTS



**Association
of
British Residents**

PLEASE SHOW ABR ANNUAL MEMBERSHIP CARD FOR VERIFICATION AT ALL VENUES

Hotels & Restaurants	Contact Details	Description = Discount
Mount Lavinia	0112715221	<p>F % B = 10%</p> <p>Laundry = 15%</p> <p>SPA = 20%</p> <p>Access pool beach. Local/Expat accommodation = Free</p> <p>Access pool beach. Local/Expat accommodation(Child= max age16) = 10%</p> <p>Excluding Fish Tale bar = 20%</p> <p>Special functions = 5%</p> <p>In house Travel Agency = 20%</p>
Club Bentota	0342275167 info@clubbentota.com	<p>Special Function = 5%</p> <p>Accommodation = 20%</p> <p>F % B = 10%</p>
Sea Fish Restaurant Bar	Regal Terrace, Colombo 02	= 10%
The Fortress	0914389400 info@thefortress.lk www.thefortress.lk	<p>F & B = 10%</p> <p>Spa = 10%</p>
Jetwing	0112345720 0112355700 info@jetwinghotels.com resv.villas@jetwinghotels.com www.jetwinghotels.com	<p>Booked Basis = 10%</p> <p>Children 5-12 F & B = 50%</p>
The Kingsbury	Restaurant Coordinator 0112421221 0771087720 www.thekingsbury.lk	F & B (max 10 pax) = 15%

Minara Hotel Bopath Ella	077784362 0112734341	Basis booked = 7.5
The Bamesbury	91, Barnes, Colombo 07 0112682144	Please note, this is non alcoholic venue = 10%
The London House of Coffee	2B, Gregory Road, Colombo 07	Discount = 15%
Aitken Spence Hotels	0112308408 www.atkenspencehotels.com	Special rate for ABR members = 0
Tea Avenue	#55, Barnes Place, Colombo 7	= 10%
Ashburnham Estate, Elkaduwa	664920206 ashburnhamestate@gmail.com www.ashburnhamestate.com	Bed & Breakfast = 15%
Toby's Estate Cafe and Restaurant	276, Galle Road, Mount Lavinia	Bill- excess of R1000 for discount apply T & C = 10%
Lords Bar & Art Gallery - Negombo	0777234721 martin@lordsrestaurant.net	F & B = 10%
Dolce Vita Cafe and Restaurant- Negombo	0777436318 dolcevitasrilanka@hotmail.com	F & B = 10%
Mitsi's Cafe Bagatale Road- Colombo 03	0777163090 0114387376	Discount on Dining In = 10% Takeaway = 0%
Gerard Mendis	0714818170 58A, Horton Place www.gerardmendis.com	Chocolate Patisseries- Boulangeire = 10%
Galle Face Hotel		10% Discount offer only for F & B. Discount offer will NOT BE applicable for special events/promotions and the Christmast / 31st Night event. = 10%
Colombo Hilton Residencies (Jaic)	No 200, Union Place Colombo 2. Telephone +94 (0) 11 5344644	15% Discount F & B at Flow and Basico Bar and Lounge = 15%
Bakery	Rasika - 0766738823	Opening Time: 6.00am, Closing Time: 9.00pm = 10%
Tea Lounge	Rasika - 0766738823	Opening Time: 8.00am, Closing Time: 8.00pm = 10%
Pranzo	Lal-0769880367 Nalin-0766042001	Opening Time: 7.00am, Closing Time: 11.00pm = 10%

Thuna Paha	Thuna Paha -113178969 Sanjeewa -0774827168	Opening Time: 12.00pm, Closing Time: 11.00pm = 10%
Long Bar	Asanka-0773074826 Janaka-0776132121	Opening Time: 05.00pm, Closing Time: 12Mid night Fri/Sat- 1.00am = 10%
Falsetto	Sampath -0766733169	Opening Time: 07.00pm, Closing Time: 01.00am = 10%
High Tea	Dilrukshi - 0773587419	Opening Time: 03.00pm, Closing Time: 06.00pm = 10%
Boardwalk & Bavarian	Sepa -0774358160 Michael - 0773222462 BW- 0117363863/0777236239	Opening Time: 09.00am, Closing Time: 11.00pm = 10%
Night Kade	Sepa -0774358160 Michael - 0773222462 BW- 0117363863/0777236239	Opening Time: 12 midnight, Closing Time: 04.00am = 10%
Brunch - Pranzo	Lal-0769880367 Nalin-0766042001	Opening Time: 11.30am, Closing Time: 02.30pm = 10%
Pool Bar	Samantha - 0715663366	Opening Time: 08.00am, Closing Time: 10.00pm = 10%

Travel	Contact Details	Description = Discount
ETIHAD AIRWAYS	<p>Peak period – 1 Aug to 6th Sept and 10th to 22nd Dec – the Discount on ECONOMY will be 10%</p> <p>Discounts not available on special offers</p> <p>Validity 01 August to 31 December 2017</p> <p>Reservations 011-476-6501/6502</p> <p>Tickets paid for and collected from their offices at World Trade Centre</p>	<p>Economy = 15%</p> <p>Business & First = 20%</p>

Pet	Contact Details	Description = Discount
Pet Express Shipping	<p>PET Express Shipping</p> <p>Member of IPATA</p> <p>Shanaka Perera</p> <p>info@petexpress.lk</p> <p>www.petexpress.lk</p>	<p>Relocating pets around the world. From and to SL-safe and secure = 5%</p>

IT Support	Contact Details	Description = Discount
CALL IT	0757666666 Dez Erskine info.lk@callit.support	Web design & Hosting = 10% Domain & Email Hosting = 10% Hardware = 5%

Medical	Contact Details	Description = Discount
Hemas Group - Thalawathugoda, Galle and Wattala	0772444888 chamila@hemashospitals.com www.hemashospitals.com	Discount on selective services-in patient and out patient- Room rate` = 10% Lab = 10% Out patient-Lab = 10% X ray = 10% US scan = 10%
Medi Call	Medi-Calls 24x7 Mobile Emergency Medical Service [EMS] 05, Havlock Rd, Colombo 011-2556605 [24x7] 0776609099 [24x7]	Medi calls Existing = 20% Members-renewal = 20% Medi calls new members = 25%
PhD Psychotherapy - Psychotherapeutic Counseling	0773658250 Dr. Hans Vischjager drvischjager@gmail.com Behainstitute.com www.behainstitute.com	Discount on large range of therapy, treatments, Slimming, giving up smoking, anxiety, depression and many more = 20%
Cinnamon Care service	0771761777 - Jeff Wicks Cinnamon Care Services jeff@cinnamoncare.com www.cinnamoncare.com	UK standard assisted living facility providing full suite of elderly care service = 10%

Personal Care	Contact Details	Description = Discount
Headmasters Spa	0115643131 79, Horton Place, Colombo	All services excluding facials = 20%

<p>The Cutting Station-Hair and Beauty</p>	<p>0112887040 Waters Edge, Battaramulla</p>	<p>Hair and Beauty = 10%</p>
<p>The Chopping Block</p>	<p>COLOMBO 7 - 43-1/1, Maitland Crescent, Colombo 7 - Tel. 5766516 / 5769719 NUGEGODA - 227A, Stanley Thilakaratne Mawatha, Nugegoda - Tel. 5510856 / 5748258 / 5544335 BATTARAMULLA - 1110/28, New Parliament Road, Battaramulla - Tel. 5747123 / 5231441 KANDANA - 268A, Negombo Road, Nagoda, Kandana - Tel. 3038787</p>	<p>15% On Hair Cuts only. = 15%</p>