

# ABR DISCOUNTS



**Association  
of  
British Residents**

**PLEASE SHOW ABR ANNUAL MEMBERSHIP CARD FOR VERIFICATION AT ALL VENUES**

Hotels & Restaurants	Contact Details	Description = Discount
Mount Lavinia	0112715221	<p>F % B = 10%</p> <p>Laundry = 15%</p> <p>SPA = 20%</p> <p>Access pool beach. Local/Expat accommodation = Free</p> <p>Access pool beach. Local/Expat accommodation(Child= max age16) = 10%</p> <p>Excluding Fish Tale bar = 20%</p> <p>Special functions = 5%</p> <p>In house Travel Agency = 20%</p>
Sea Fish Restaurant Bar	Regal Terrace, Colombo 02	Discount = 10%
The Fortress	<p>0914389400</p> <p>info@thefortress.lk</p> <p>www.thefortress.lk</p>	<p>F &amp; B = 10%</p> <p>Spa = 10%</p>
Jetwing	<p>0112345720</p> <p>0112355700</p> <p>info@jetwinghotels.com</p> <p>resv.villas@jetwinghotels.com</p> <p>www.jetwinghotels.com</p>	<p>Booked Basis = 10%</p> <p>Children 5-12 F &amp; B = 50%</p>
The Kingsbury	<p>Restaurant Coordinator</p> <p>0112421221</p> <p>0771087720</p> <p>www.thekingsbury.lk</p>	F & B (minimum 4 pax & max 10 pax) = 15%
Minara Hotel Bopath Ella	<p>077784362</p> <p>0112734341</p>	Basis booked = 7.5
The Bamesbury	<p>91, Barnes, Colombo 07</p> <p>0112682144</p>	Please note, this is non alcoholic venue = 10%

The London House of Coffee	2B, Gregory Road, Colombo 07	Discount = 15%
Aitken Spence Hotels	0112308408 www.atkenspencehotels.com	Special rate for ABR members = 0
Tea Avenue	#55, Barnes Place, Colombo 7	Discount = 10%
Ashburnham Estate, Elkaduwa	664920206 ashburnhamestate@gmail.com www.ashburnhamestate.com	Bed & Breakfast = 15%
Toby's Estate Cafe and Restaurant	276, Galle Road, Mount Lavinia	Bill- excess of R1000 for discount apply T & C = 10%
Lords Bar & Art Gallery - Negombo	0777234721 martin@lordsrestaurant.net	F & B = 10%
Dolce Vita Cafe and Restaurant- Negombo	0777436318 dolcevitasrilanka@hotmail.com	F & B = 10%
Mitsi's Cafe Bagatale Road- Colombo 03	0777163090 0114387376	Discount on Dining In = 10% Takeaway = 0%
Gerard Mendis	0714818170 58A, Horton Place www.gerardmendis.com	Chocolate Patisseries- Boulangeire = 10%
Galle Face Hotel		The discount agreement of 10% to be extended until 15th July 2019 and NOTE the discount offer will not be applicable for special events/promotions and Christmas/New Year events = 10%
Colombo Hilton Residencies ( Jaic )	No 200, Union Place I Colombo 2. Telephone +94 (0) 11 5344644	15% Discount F & B at Flow and Basico Bar and Lounge = 15%

Waters Edge	<p>Bakery = Rasika - 0766738823</p> <p>Tea Lounge = Rasika - 0766738823</p> <p>Pranzo = Lal - 0769880367 / Nalin - 0766042001</p> <p>Thuna Paha = Thuna Paha - 113178969 / Sanjeewa - 0774827168</p> <p>Long Bar = Asanka - 0773074826 / Janaka - 0776132121</p> <p>Falsetto = Sampath - 0766733169</p> <p>High Tea = Dilrukshi - 0773587419</p> <p>Boardwalk &amp; Bavarian = Sepa -0774358160 / Michael - 0773222462 / BW- 0117363863, 0777236239</p> <p>Night Kade = Sepa -0774358160 / Michael - 0773222462 / BW- 0117363863, 0777236239</p> <p>Brunch - Pranzo = Lal-0769880367 / Nalin-0766042001</p> <p>Pool Bar = Samantha - 0715663366</p>	Discount at all outlets below = 10%
GALADARI HOTEL	64 Lotus Road, Colombo 1 Tel: 011 254 4544	<p>10% Discount (as detailed below)</p> <p>California Grill F&amp;B 7.0 p.m. to 11.0 p.m. Coffee Shop F&amp;B 7.0 p.m. to 11.0 p.m. Lobby Bar F&amp;B 7.0 a.m. to 11.0 p.m.</p> <p>Discount = 10%</p>

Pet	Contact Details	Description = Discount
Pet Express Shipping	<p>PET Express Shipping</p> <p>Member of IPATA</p> <p>Shanaka Perera</p> <p>info@petexpress.lk</p> <p>www.petexpress.lk</p>	Relocating pets around the world. From and to SL-safe and secure = 5%

IT Support	Contact Details	Description = Discount
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CALL IT	0757666666 Dez Erskine info.lk@callit.support	Web design & Hosting = 10% Domain & Email Hosting = 10% Hardware = 5%
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Medical	Contact Details	Description = Discount
Hemas Group - Thalawathugoda, Galle and Wattala	www.hemashospitals.com	Discount on selective services-in patient and out patient- Room rate` = 10%  Lab = 10%  Out patient-Lab = 10%  X ray = 10%  US scan = 10%
Medi Call	Medi-Calls 24x7 Mobile Emergency Medical Service [EMS]  05, Havlock Rd, Colombo  011-2556605 [24x7]  0776609099 [24x7]	Medi calls Existing = 20%  Members-renewal = 20%  Medi calls new members = 25%
PhD Psychotherapy - Psychotherapeutic Counseling	0773658250 Dr. Hans Vischjager  drvischjager@gmail.com  Behainstitute.com  www.behainstitute.com	Discount on large range of therapy, treatments, Slimming, giving up smoking, anxiety, depression and many more = 20%
Cinnamon Care service	0771761777 - Jeff Wicks  Cinnamon Care Services jeff@cinnamoncare.com  www.cinnamoncare.com	UK standard assisted living facility providing full suite of elderly care service = 10%

Personal Care	Contact Details	Description = Discount
Headmasters Spa	0115643131  79, Horton Place, Colombo	All services excluding facials = 20%
The Cutting Station-Hair and Beauty	0112887040  Waters Edge,  Battaramulla	Hair and Beauty = 10%

<p>The Chopping Block</p>	<p>COLOMBO 7 - 43-1/1, Maitland Crescent, Colombo 7 - Tel. 5766516 / 5769719</p> <p>NUGEGODA - 227A, Stanley Thilakaratne Mawatha, Nugegoda - Tel. 5510856 / 5748258 / 5544335</p> <p>BATTARAMULLA - 1110/28, New Parliament Road, Battaramulla - Tel. 5747123 / 5231441</p> <p>KANDANA - 268A, Negombo Road, Nagoda, Kandana - Tel. 3038787</p>	<p>15% On Hair Cuts only. = 15%</p>
<p>Salon Head Turners Hair &amp; Beauty Salon</p>	<p>Crescat Boulevard Colombo 3</p>	<p>10% Discount on production of Membership Card = 10%</p>
<p>BRITISH COSMETICS NAIL STUDIO</p>	<p>BC Nail Studio G16, Crescat Boulevard, Colombo 3</p> <p>World Trade Centre Ground Level, Colombo 1</p> <p>Majestic City 73, 2nd Floor, Colombo 4</p> <p>BC Nail Studio BEVERLEY STREET, 475/C, Sri Jayawardenapura Mawatha, Kotte</p> <p>BC Lifestyle Salon &amp; Nail Studio <a href="#">174 Galle Road, Mount Lavinia</a></p>	<p>ABR Members will be entitled to a 15% discount on the total bill value exceeding Rs3,500/= for the products and services</p> <p>Discount = 15%</p>