

ABR DISCOUNTS



**Association
of
British Residents**

PLEASE SHOW ABR ANNUAL MEMBERSHIP CARD FOR VERIFICATION AT ALL VENUES

Hotels & Restaurants	Contact Details	Description = Discount
Mount Lavinia	0112715221	<p>F % B = 10%</p> <p>Laundry = 15%</p> <p>SPA = 20%</p> <p>Access pool beach. Local/Expat accommodation = Free</p> <p>Access pool beach. Local/Expat accommodation(Child= max age16) = 10%</p> <p>Excluding Fish Tale bar = 20%</p> <p>Special functions = 5%</p> <p>In house Travel Agency = 20%</p>
Club Bentota	0342275167 info@clubbentota.com	<p>Special Function = 5%</p> <p>Accommodation = 20%</p> <p>F % B = 10%</p>
Sea Fish Restaurant Bar	Regal Terrace, Colombo 02	= 10%
The Fortress	0914389400 info@thefortress.lk www.thefortress.lk	<p>F & B = 10%</p> <p>Spa = 10%</p>
Jetwing	0112345720 0112355700 info@jetwinghotels.com resv.villas@jetwinghotels.com www.jetwinghotels.com	<p>Booked Basis = 10%</p> <p>Children 5-12 F & B = 50%</p>
The Kingsbury	Restaurant Coordinator 0112421221 0771087720 www.thekingsbury.lk	F & B (max 10 pax) = 15%

Minara Hotel Bopath Ella	077784362 0112734341	Basis booked = 7.5
The Bamesbury	91, Barnes, Colombo 07 0112682144	Please note, this is non alcoholic venue = 10%
The London House of Coffee	2B, Gregory Road, Colombo 07	Discount = 15%
Aitken Spence Hotels	0112308408 www.atkenspencehotels.com	Special rate for ABR members = 0
Tea Avenue	#55, Barnes Place, Colombo 7	= 10%
Ashburnham Estate, Elkaduwa	664920206 ashburnhamestate@gmail.com www.ashburnhamestate.com	Bed & Breakfast = 15%
Toby's Estate Cafe and Restaurant	276, Galle Road, Mount Lavinia	Bill- excess of R1000 for discount apply T & C = 10%
Lords Bar & Art Gallery - Negombo	0777234721 martin@lordsrestaurant.net	F & B = 10%
Dolce Vita Cafe and Restaurant- Negombo	0777436318 dolcevitasrilanka@hotmail.com	F & B = 10%
Mitsi's Cafe Bagatale Road- Colombo 03	0777163090 0114387376	Discount on Dining In = 10% Takeaway = 0%
Gerard Mendis	0714818170 58A, Horton Place www.gerardmendis.com	Chocolate Patisseries- Boulangeire = 10%
Galle Face Hotel		10% Discount offer only for F & B. Discount offer will NOT BE applicable for special events/promotions and the Christmast / 31st Night event. = 10%
Colombo Hilton Residencies (Jaic)	No 200, Union Place I Colombo 2. Telephone +94 (0) 11 5344644	15% Discount F & B at Flow and Basico Bar and Lounge = 15%

Travel	Contact Details	Description = Discount
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ETIHAD AIRWAYS	<p>Peak period – 1 Aug to 6th Sept and 10th to 22nd Dec – the Discount on ECONOMY will be 10%</p> <p>Discounts not available on special offers</p> <p>Validity 01 August to 31 December 2017</p> <p>Reservations 011-476-6501/6502</p> <p>Tickets paid for and collected from their offices at World Trade Centre</p>	<p>Economy = 15%</p> <p>Business & First = 20%</p>
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Pet	Contact Details	Description = Discount
Pet Express Shipping	<p>PET Express Shipping</p> <p>Member of IPATA</p> <p>Shanaka Perera</p> <p>info@petexpress.lk</p> <p>www.petexpress.lk</p>	Relocating pets around the world. From and to SL-safe and secure = 5%

IT Support	Contact Details	Description = Discount
CALL IT	<p>0757666666</p> <p>Dez Erskine</p> <p>info.lk@callit.support</p>	<p>Web design & Hosting = 10%</p> <p>Domain & Email Hosting = 10%</p> <p>Hardware = 5%</p>

Medical	Contact Details	Description = Discount
Hemas Group - Thalawathugoda, Galle and Wattala	<p>0772444888</p> <p>chamila@hemashospitals.com</p> <p>www.hemashospitals.com</p>	<p>Discount on selective services-in patient and out patient- Room rate` = 10%</p> <p>Lab = 10%</p> <p>Out patient-Lab = 10%</p> <p>X ray = 10%</p> <p>US scan = 10%</p>

Medi Call	<p>Medi-Calls 24x7 Mobile Emergency Medical Service [EMS]</p> <p>05, Havlock Rd, Colombo</p> <p>011-2556605 [24x7]</p> <p>0776609099 [24x7]</p>	<p>Medi calls Existing = 20%</p> <p>Members-renewal = 20%</p> <p>Medi calls new members = 25%</p>
PhD Psychotherapy - Psychotherapeutic Counseling	<p>0773658250 Dr. Hans Vischjager</p> <p>drvischjager@gmail.com</p> <p>Behainstitute.com</p> <p>www.behainstitute.com</p>	<p>Discount on large range of therapy, treatments, Slimming, giving up smoking, anixety, depression and many more = 20%</p>
Cinnamon Care service	<p>0771761777 - Jeff Wicks</p> <p>Cinnamon Care Services</p> <p>jeff@cinnamoncare.com</p> <p>www.cinnamoncare.com</p>	<p>UK standard assisted living facility providing full suite of elderly care service = 10%</p>

Personal Care	Contact Details	Description = Discount
Headmasters Spa	<p>0115643131</p> <p>79, Horton Place, Colombo</p>	All services excluding facials = 20%
The Cutting Station-Hair and Beauty	<p>0112887040</p> <p>Waters Edge,</p> <p>Battaramulla</p>	Hair and Beauty = 10%
The Chopping Block	<p>COLOMBO 7 - 43-1/1, Maitland Crescent, Colombo 7 - Tel. 5766516 / 5769719</p> <p>NUGEGODA - 227A, Stanley Thilakarathne Mawatha, Nugegoda - Tel. 5510856 / 5748258 / 5544335</p> <p>BATTARAMULLA - 1110/28, New Parliament Road, Battaramulla - Tel. 5747123 / 5231441</p> <p>KANDANA - 268A, Negombo Road, Nagoda, Kandana - Tel. 3038787</p>	15% On Hair Cuts only. = 15%